

HEALTH AND WELL-BEING DURING THE PANDEMIC

There are 53 questions in this survey.

Consent information

This study is conducted by a multidisciplinary research group from the Université de Montréal. The purpose of this survey is to examine the health and well-being of Canadians during the COVID-19 pandemic, and to how different factors, including pet ownership, influence these. To answer our research questions, we aim to enrol 1,500 Canadian participants. We thank you for your interest in this study. Before accessing the online questionnaire, please take note of the following information.

Nature of your participation and confidentiality

Completing the online questionnaire takes approximately 10-15 minutes. Only the researchers involved in this study will have access to the answers. The data collected will be kept on a password protected computer and will be destroyed seven years after the end of this study. Your participation in this study is completely voluntary. You are therefore free to accept or refuse to participate and you can withdraw from the study at any time during the completion of the survey, without having to give any reason and without any consequences for you. All responses will be collected with your LEO membership so you can receive the associated rewards, but anonymized before the results are transmitted to the research team. It will not be possible to delete your responses once the survey is completed since responses will be anonymous and therefore not possible to link back to you in any way.

Risks and inconvenience

The risks of participating in this study are considered minimal. They include time spent filling out the online questionnaire. As this questionnaire includes questions regarding your health and well-being, it could trigger malaise, uneasiness or distress. If it is the case, do not hesitate to consult the resources available at <https://www.canada.ca/en/public-health/topics/mental-health-wellness.html> (<https://www.canada.ca/en/public-health/topics/mental-health-wellness.html>). No personal data will be transmitted to third parties or organizations and the results of this study will be reported so that none of the people who participated in the study can be identified.

Advantages and benefits of the project

Your participation in this study will help to better understand the impact of the pandemic on mental health and whether having one or more pets can modify this impact.

Publications of research results

The results of this research may be published. No personal information about participants will be disclosed in any way. A summary of the results will be posted on the research group's website

(<https://recherche.umontreal.ca/nos-chercheurs/repertoire-des-unites-de-recherche/unite/is/ur14460/>
(<https://recherche.umontreal.ca/nos-chercheurs/repertoire-des-unites-de-recherche/unite/is/ur14460/>))

and sent to professional organizations for dissemination in the various provinces.

Researcher contact information

The researcher responsible for this study is H  l  ne Carabin, professor at the Faculty of Veterinary Medicine and the School of Public Health at the Universit   de Montr  al. If you have questions about the scientific aspects of the research project, you can contact Jos   Denis-Robichaud by email at jose.denisrobichaud@ubc.ca (<mailto:jose.denisrobichaud@ubc.ca>).

For any concerns about your rights or the responsibilities of researchers regarding your participation in this project, you can contact the Ethics Committee for Research in Science and Health (the ethics certificate number for this study is CERSES-21-005-D)

By Email: ceses@umontreal.ca

By Telephone: 514 341-6111 #2604

Website: <https://recherche.umontreal.ca/responsabilite-en-recherche/ethique-humaine/comites/ceses/>
(<https://recherche.umontreal.ca/responsabilite-en-recherche/ethique-humaine/comites/ceses/>).

Any complaint relating to your participation in this research can be addressed to the Ombudsman of the Universit   de Montr  al by calling the telephone number 514 343-2100, from 9 a.m. to 5 p.m. or by emailing the address ombudsman@umontreal.ca (<mailto:ombudsman@umontreal.ca>) (the Ombudsman accepts collect calls).

Funding

This research is funded by the Chaire de recherche du Canada en   pid  miologie et une seule sant   of Dre H  l  ne Carabin.

C1 Do you consent to participate in this survey? *

● Choose one of the following answers

Please choose **only one** of the following:

1 Yes

2 No

Screening information

D1 Which category below includes your age? *

Only answer this question if the following conditions are met:

Answer was 'Yes' at question '1 [C1]' (Do you consent to participate in this survey?)

❗ Choose one of the following answers

Please choose **only one** of the following:

0 <18

1 18-24

2 25-34

3 35-44

4 45-54

5 55-64

6 65+

D2 In which province or territory do you live? *

Only answer this question if the following conditions are met:

Answer was greater than or equal to '18-24' at question '2 [D1]' (Which category below includes your age?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- 11 British Columbia
- 12 Alberta
- 13 Saskatchewan
- 14 Manitoba
- 15 Ontario
- 16 Québec
- 17 New Brunswick
- 18 Nova Scotia
- 19 Prince Edward Island
- 20 Newfoundland and Labrador
- 21 Nunavut
- 22 Yukon
- 23 Northwest Territories
- 0 Other

Do you have any pets in your household?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

i Comment only when you choose an answer.

Please choose all that apply and provide a comment:

O1[A] Yes, cat

O1[B] Yes, dog

O1[C] Yes, ferret

O1[D] Yes, other

O1[E] No

QT1 $\{if((O1_A=="Y")or(O1_B=="Y")or(O1_C=="Y")or(O1_D=="Y"),1,0)\}$

*

Question that will be used to define repondents quotas.

QT2 $\{if(O1_E=="Y",1,0)\}$ *

Question that will be used to define repondents quotas.

Health

The following questions are about your health.

Do you have any of the following difficulties? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗨 Check all that apply

Please choose **all** that apply:

- H1[A] 1 Difficulty seeing even when wearing glasses or contact lenses.
- H1[B] 1 Difficulty hearing even when using a hearing aid or cochlear implant.
- 1 Difficulty walking, using stairs, using your hands or fingers or doing other physical activities.
- 1 Difficulty learning, remembering or concentrating.
- 1 Emotional, psychological or mental health conditions (e.g., anxiety, depression, bipolar disorder, substance abuse, anorexia).
- 1 Other health problem or long-term condition that has lasted or is expected to last for six or more months.
- H1[G] 1 I do not have any difficulty or long-term condition that has lasted or is expected to last for six or more months.

H2 Do you identify as a person with a disability?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗨 Choose one of the following answers

Please choose **only one** of the following:

- 1 Yes
- 2 No

H3 In general, how would you describe your mental health since the start of the COVID-19 pandemic?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗳️ Choose one of the following answers

Please choose **only one** of the following:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor

H4 Compared to before the COVID-19 pandemic, how would you say your mental health is now?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗳️ Choose one of the following answers

Please choose **only one** of the following:

- 1 Much better now
- 2 Somewhat better now
- 3 About the same
- 4 Somewhat worse now
- 5 Much worse now

H5 Have you tested positive for COVID-19 within the last 6 months?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- ① Yes
- ② No
- ③ Unsure

H6 Has anyone in your household tested positive for COVID-19 within the last 6 months?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- ① Yes
- ② No
- ③ Unsure

H7 Do you know anyone personally (friends, family, acquaintances) who has tested positive for COVID-19 within the last 6 months?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗨️ Choose one of the following answers

Please choose **only one** of the following:

- ① Yes
- ② No
- ③ Unsure

H8 Has anyone in your household died from COVID-19?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗨️ Choose one of the following answers

Please choose **only one** of the following:

- ① Yes
- ② No
- ③ Unsure

H9 Do you know anyone personally (friends, family, acquaintances) who died from COVID-19?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗳️ Choose one of the following answers

Please choose **only one** of the following:

① Yes

② No

③ Unsure

We would like your opinion on a possible method of testing for COVID-19: sniffer dogs. These are dogs that are trained to detect a unique smell that people infected by COVID-19 have.

On COVID-19 sniffer dogs, how strongly do you agree or disagree with the following?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please choose the appropriate response for each item:

				Neither agree			
	Strongly disagree	Disagree	Somewhat disagree	Somewhat nor disagree	Somewhat agree	Agree	Strongly agree
H10[1]	I would rather get tested by a sniffer dog than the usual test (nose and throat swab).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
H10[2]	It would be difficult to offer screening clinics with sniffer dogs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
H10[3]	More people would be inclined to get tested if the option of sniffer dogs was offered.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
H10[4]	I believe sniffer dogs are able to spot people infected with COVID-19 without making a mistake.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
H10[5]	I wouldn't trust any screening involving sniffer dogs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Quality of life

The following questions are part of a standardized questionnaire used to evaluate quality of life. For each question, please select the answer which best describes your health TODAY.

EQ1

Please click the **ONE** box that best describes your health TODAY.

MOBILITY *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please choose **only one** of the following:

- ① I have no problems in walking about
- ② I have slight problems in walking about
- ③ I have moderate problems in walking about
- ④ I have severe problems in walking about
- ⑤ I am unable to walk about

© EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation.
Canada (English) v1.1

EQ2 Please click the **ONE** box that best describes your health TODAY.

SELF-CARE

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please choose **only one** of the following:

- ① I have no problems washing or dressing myself
- ② I have slight problems washing or dressing myself
- ③ I have moderate problems washing or dressing myself
- ④ I have severe problems washing or dressing myself
- ⑤ I am unable to wash or dress myself

© EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation.
Canada (English) v1.1

EQ3 Please click the **ONE** box that best describes your health TODAY.

USUAL ACTIVITIES (*e.g. work, study, housework, family or leisure activities*)

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please choose **only one** of the following:

- ① I have no problems doing my usual activities
- ② I have slight problems doing my usual activities
- ③ I have moderate problems doing my usual activities
- ④ I have severe problems doing my usual activities
- ⑤ I am unable to do my usual activities

© EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation.
Canada (English) v1.1

EQ4 Please click the **ONE** box that best describes your health TODAY.

PAIN / DISCOMFORT

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please choose **only one** of the following:

- 1 I have no pain or discomfort
- 2 I have slight pain or discomfort
- 3 I have moderate pain or discomfort
- 4 I have severe pain or discomfort
- 5 I have extreme pain or discomfort

© EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation.
Canada (English) v1.1

EQ5 Please click the **ONE** box that best describes your health TODAY.

ANXIETY / DEPRESSION

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please choose **only one** of the following:

- 1 I am not anxious or depressed
- 2 I am slightly anxious or depressed
- 3 I am moderately anxious or depressed
- 4 I am severely anxious or depressed
- 5 I am extremely anxious or depressed

© EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation.
Canada (English) v1.1

EQ[VAS1]

- We would like to know how good or bad your health is TODAY.
- This scale is numbered from 0 to 100.
- 100 means the best health you can imagine.
0 means the worst health you can imagine.
- Please click on the scale to indicate how your health is TODAY.

YOUR HEALTH TODAY =

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Each answer must be between 0 and 100

❗ Only integer values may be entered in these fields.

Please write your answer(s) here:

© EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation.
Canada (English) v1.1

Anxiety and stress

Over the last 2 weeks, how often have you been bothered by the following problems? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please choose the appropriate response for each item:

	Not at all	Several days	More than half the days	Nearly every day
Q1[1] Feeling nervous, anxious or on edge.	<input checked="" type="radio"/> 1	<input checked="" type="radio"/> 2	<input checked="" type="radio"/> 3	<input checked="" type="radio"/> 4
Q1[2] Not being able to stop or control worrying.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q1[3] Worrying too much about different things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q1[4] Being so restless that it is hard to sit still.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q1[5] Trouble relaxing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q1[6] Becoming easily annoyed or irritable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q1[7] Feeling afraid as if something awful might happen.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q2 Thinking about the amount of stress in your life, how would you describe most of your days? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- 1 Not at all stressful
- 2 Not very stressful
- 3 A bit stressful
- 4 Quite a bit stressful
- 5 Extremely stressful

Loneliness

The next questions are about how you feel about different aspects of your life. For each one, choose how often you feel that way. *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please choose the appropriate response for each item:

	Hardly ever	Some of the time	Often
L1[1] How often do you feel that you lack companionship?	<input checked="" type="radio"/> 1	<input checked="" type="radio"/> 2	<input checked="" type="radio"/> 3
L1[2] How often do you feel left out?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
L1[3] How often do you feel isolated from others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Social support

S1 In your environment, is there someone you can confide in or talk to freely about your problems? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

i Choose one of the following answers

Please choose **only one** of the following:

1 Yes

2 No

S2 Is there someone in your family or circle of friends who could assist you in time of need? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

1 Yes

2 No

S3 Is there someone you feel close to, a family member or friend, who shows affection towards you? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

1 Yes

2 No

Pet ownership

O2 Are you the main caretaker of one or more pets in your household? *

Only answer this question if the following conditions are met:

----- Scenario 1 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready pjax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 2 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready pjax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 3 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready pjax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 4 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready pjax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

❶ Choose one of the following answers

Please choose **only one** of the following:

❶ Yes

❷ No

When did you acquire your pet(s)? *

Only answer this question if the following conditions are met:

----- Scenario 1 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready pjax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 2 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready pjax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 3 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready pjax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 4 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready pjax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

🗨 Check all that apply

Please choose **all** that apply:

O4[A] 1 Before the beginning of the COVID-19 pandemic.

O4[B] 1 After the beginning of the COVID-19 pandemic.

How important is your pet in your life?

- This scale is numbered from 0 to 10.
- 10 means your pet is the most important you can imagine.
0 means your pet is the least important you can imagine.
- Please click on the scale to indicate how important your pet is in your life. *

Only answer this question if the following conditions are met:

((O1_D.NAOK (/admin/questions/sa/view/surveyid/595767/gid/3/qid/21) == "Y")) or

((O1_C.NAOK (/admin/questions/sa/view/surveyid/595767/gid/3/qid/21) == "Y")) or

((O1_B.NAOK (/admin/questions/sa/view/surveyid/595767/gid/3/qid/21) == "Y")) or

((O1_A.NAOK (/admin/questions/sa/view/surveyid/595767/gid/3/qid/21) == "Y"))

Please choose the appropriate response for each item:

	0 = Least important		2	3	4	5	6	7	8	9	10 = Most important
05[1] Scale	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

06 How has the pandemic period affected your relationship with your pet(s)? *

Only answer this question if the following conditions are met:

----- Scenario 1 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready ajax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-
answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-
item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 2 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready ajax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-
answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-
item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 3 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready ajax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-
answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-
item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 4 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready ajax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-
answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-
item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

1 Choose one of the following answers

Please choose **only one** of the following:

- 1 It's much better
- 2 It's somewhat better
- 3 It's no different
- 4 It's somewhat worse
- 5 It's much worse

07 How much has your pet helped you during the pandemic compared with before? *

Only answer this question if the following conditions are met:

----- Scenario 1 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready ajax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-
answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-
item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 2 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready ajax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-
answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-
item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 3 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready ajax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-
answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-
item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

----- or Scenario 4 -----

Answer was at question '4 [O1]' (Do you have any pets in your household?)

```
$(document).on('ready ajax:scriptcomplete',function(){ // Remove the first comment box
$('#question{QID} ul.ls-answers li:eq(0) .comment-item').remove(); $('#question{QID} ul.ls-
answers li:eq(1) .comment-item').remove(); $('#question{QID} ul.ls-answers li:eq(2) .comment-
item').remove(); $('#question{QID} ul.ls-answers li:eq(4) .comment-item').remove(); });
#question{QID} input[type="text"] { width: auto; display: inline-block; } )
```

! Choose one of the following answers

Please choose **only one** of the following:

- 1 Much more
- 2 Somewhat more
- 3 No different
- 4 Somewhat less
- 5 Much less

08 Did you lose or have to let go of a pet recently? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- 1 Yes, in the past month
- 2 Yes, in the past 6 months
- 3 Yes, in the last year
- 4 Yes, more than a year ago
- 5 No

09 How did you lose or have to let go your pet? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Yes, more than a year ago' at question '34 [O8]' (Did you lose or have to let go of a pet recently?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- 1 My pet died unexpectedly
- 2 My pet died or was euthanized following due to a health issue
- 3 My pet was euthanized following behavioural issues
- 4 My pet was euthanized for another reason
- 5 My pet was given for adoption
- 9 Other

Q93S Please specify following what behavioural issues your pet was euthanized. *

Only answer this question if the following conditions are met:

Answer was 'My pet was euthanized following behavioural issues' at question '35 [O9]' (How did you lose or have to let go your pet?)

Please write your answer here:

Q94S Please specify the reason your pet was euthanized. *

Only answer this question if the following conditions are met:

Answer was 'My pet was euthanized for another reason' at question '35 [O9]' (How did you lose or have to let go your pet?)

Please write your answer here:

O9S Please specify the way you lost or had to let go your pet. *

Only answer this question if the following conditions are met:

Answer was 'Other' at question '35 [O9]' (How did you lose or have to let go your pet?)

Please write your answer here:

Attitude towards pets

To what extent do you agree or disagree with the following statements? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please choose the appropriate response for each item:

	Strongly disagree	Disagree	Somewhat disagree	Neither agree	Somewhat agree	Agree	Strongly agree	
P1[01] I really like seeing pets enjoy their food.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+
My pet means more to me than any of my friends (or would if I had one).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+
I would like pet, or continue to have a pet, in my home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+
Having pets is a waste of money.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	-
P1[05] Housepets add happiness to my life (or would if I had one).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+
I feel that pets should always be kept outside.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	-
I spend time every day playing with my pet (or I would if I had one).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+
I have occasionally communicated with my pet and understood what it was trying to express (or would if I had one).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+

		Strongly disagree	Disagree	Somewhat disagree	Neither agree	Somewhat agree	Agree	Strongly agree	
	The world would be a better place if people would stop spending so much time caring for their pets and started caring more for other human beings instead.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	-
P1[10]	I like to feed animals out of my hand.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+
	I love pets.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+
	Animals belong in the wild or in zoos, but not in the home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	-
	If you keep pets in the house you can expect a lot of damage to furniture.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	-
	I like housepets.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+
P1[15]	Pets are fun but it's not worth the trouble of owning one.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	-
	I frequently talk to my pet (or would if I had one).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+
	I hate animals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	-
P1[18]	You should treat your housepets with as much respect as you would a human member of your family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+

Employment

Since the beginning of the COVID-19 pandemic in March 2020, which of the following have you experienced? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗨 Check all that apply

Please choose **all** that apply:

E1[A]

1 A decrease in work hours

E1[B]

1 An increase in work hours

1 A decrease in pay or self-employment earnings

1 An increase in pay or self-employment earnings (Include overtime pay)

1 A temporary layoff or business closure (e.g., due to business conditions or COVID-19-related public health restrictions)

1 A work absence for voluntary or personal reasons related to COVID-19 (e.g., personal safety, your own or a household member's diagnosis, self-isolation after recent travel, taking care of children due to school closure)

1 A job loss or permanent closure of your business

1 Other changes in work status

E1[I]

1 None of the above

E2

To what extent do you agree or disagree with the following statement?

“I might lose my main job or main self-employment income source in the next four weeks.” *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❶ Choose one of the following answers

Please choose **only one** of the following:

- ① Strongly agree
- ② Agree
- ③ Neither agree nor disagree
- ④ Disagree
- ⑤ Strongly disagree
- ⑥ I do not have a job or a business

E3

Since March 2020, how has your overall household monthly income from all sources changed? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❶ Choose one of the following answers

Please choose **only one** of the following:

- ① Stayed about the same as before the COVID-19 pandemic
- ② Increased since before the COVID-19 pandemic
- ③ Decreased since before the COVID-19 pandemic
- ④ I prefer not to answer
- ⑤ I don't know

E4 Which of the following best describes the impact of COVID-19 on your ability to meet financial obligations or essential needs, such as rent or mortgage payments, utilities and groceries? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- ① Major impact
- ② Moderate impact
- ③ Minor impact
- ④ No impact
- ⑤ Too soon to tell

Demographics

The following section contains basic background questions to help us describe you better, as you are our population of interest.

For each of the following questions, please select the most appropriate answer.

D3 What are the first three characters of your postal code? *

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Please enter a valid code.

Please write your answer here:

D4 What is your gender?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- 1 Female
- 2 Male
- 3 Other
- 4 I prefer not to answer

D5 What is the highest level of education you have completed or the highest degree you have received?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- 1 Less than high school diploma
- 2 High school degree or its equivalent
- 3 College diploma or its equivalent
- 4 University degree or its equivalent

D6 Are you First Nations, Métis or Inuk (Inuit)?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- ① No
- ② Yes, First Nations
- ③ Yes, Métis
- ④ Yes, Inuk (Inuit)

D7 The following question collects information in accordance with the Employment Equity Act and its Regulations and Guidelines to support programs that promote equal opportunity for everyone to share in the social, cultural, and economic life of Canada.

Are you:

*

Only answer this question if the following conditions are met:

Answer was 'No' at question '47 [D6]' (Are you First Nations, Métis or Inuk (Inuit)? div.group-description { display:none; })

1 Choose one of the following answers

Please choose **only one** of the following:

- 1 White
- 2 South Asian (e.g., East Indian, Pakistani, Sri Lankan)
- 3 Chinese
- 4 Black
- 5 Filipino
- 6 Arab
- 7 Latin American
- 8 Southeast Asian (e.g., Vietnamese, Cambodian, Laotian, Thai)
- 9 West Asian (e.g., Iranian, Afghan)
- 10 Korean
- 11 Japanese
- 12 Other

D8 How much total combined money did all members of your household earn in 2019?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗳️ Choose one of the following answers

Please choose **only one** of the following:

- 1 \$19,999 or less
- 2 \$20,000-\$39,999
- 3 \$40,000-\$59,999
- 4 \$60,000-\$79,999
- 5 \$80,000-\$99,999
- 6 \$100,000-\$119,999
- 7 \$120,000 or more
- 8 I prefer not to answer

D9 What is your marital status?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

🗳️ Choose one of the following answers

Please choose **only one** of the following:

- 1 Single
- 2 Married
- 3 Common-law
- 4 Other

D10 Do you have children?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Choose one of the following answers

Please choose **only one** of the following:

- ① Yes
- ② No
- ③ I prefer not to answer

D11 How many people live in your household at this time?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

❗ Your answer must be between 1 and 20

❗ Only an integer value may be entered in this field.

Please write your answer here:

D12 What is your current occupation?

*

Only answer this question if the following conditions are met:

Answer was less than or equal to 'Northwest Territories' at question '3 [D2]' (In which province or territory do you live?)

Please write your answer here:

Thank you for participating to this survey. If need be, there are multiple resources available to support you in taking care of your mental and physical health during the COVID-19 pandemic. Most are available at the following address: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/mental-health.html> (<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/mental-health.html>).

Submit your survey.

Thank you for completing this survey.